



**Community Care Durham**

SUPPORTING PEOPLE, STRENGTHENING COMMUNITY

## **Volunteer Safe Practices During COVID-19**

Volunteers are essential to the heart and soul of Community Care Durham (CCD), now more than ever. Without your generosity and commitment, CCD would not be able to provide our clients with the services they require.

We encourage our volunteers to follow safe practices while performing CCD duties during COVID-19:

- Practice universal infection control precautions including cleaning and washing hands regularly for at least 20 seconds, utilizing hand sanitizer and hand washing before and after service delivery, client transportation, client contact, etc.
- When transporting clients, disinfect touch points and surfaces after each client leaves the vehicle and at the beginning and end of your shift (for paid van drivers).
- Disinfect your vehicle after each Meals on Wheels and/or Community Food Box route is completed.
- Maintain a distance of at least 6 feet between yourself and others.
- Avoid touching unnecessary surfaces.
- Cover your mouth with a tissue or your elbow if you cough or sneeze, and throw away the tissue immediately.
- Avoid touching your face.
- Avoid going into clients' homes. If you must enter their home, wear gloves and a mask. Wash/sanitize your hands after leaving their home.
- If you are volunteering or working elsewhere, please advise your Service Coordinator(s). Please include the nature of work and location.
- If you are feeling unwell, notify your local office as soon as possible and discontinue volunteering until you feel well.
- If you have travelled, follow the government guidelines for the 14-day isolation period.

Please keep yourself up to date with the latest [Ministry of Health guidelines](#).

If you choose not to volunteer **for any reason**, CCD will fully support your decision, including the choice to temporarily suspend your volunteering during this uncertain time.

**THANK YOU FROM ALL OF US AT COMMUNITY CARE DURHAM.**

**We could not do this without you.**

September 16, 2020