



### Benefits to COMMUNITY

- Provides support for adults and their caregivers with needs related to aging, physical and/or mental health.
- Contributes to a framework for healthier aging for generations to come.
- Creates a healthier economic and social environment.
- Fosters awareness of Community Care Durham services.

### Benefits to EMPLOYER

- Fosters team spirit and enhances employee morale, productivity and loyalty.
- Promotes a positive corporate public image.
- Builds a competitive advantage in employee recruitment and retention.
- Provides opportunities for cost-effective public relations efforts.

### Benefits to EMPLOYEES

- Learn new skills; builds leadership and teamwork.
- Promotes closer working relationships among employees and greater job satisfaction.
- Reduces stress and brings a greater feeling of balance in one's life.
- Enriches self-esteem, confidence and satisfaction from making a difference in people's lives.



### TEAM OPPORTUNITIES *(a few hours a month)*

#### Meals on Wheels

Following a designated route, deliver nutritious meals to clients in their homes.

#### Friendly Visiting

Impact a client's life by providing companionship during a weekly visit.

#### Adult Day Program

Participate in recreational, educational and social activities with clients in a safe and comfortable setting.

#### Transportation

Assist clients by providing transportation for medical appointments, shopping and Luncheon Out.

#### Luncheon Out

Serve lunch and assist clients during this social outing.

#### Spring/Fall Clean-up

Pick up a rake, shovel or paint brush and assist clients in maintaining their homes and grounds.

#### COPE Mental Health Program

Provide assistance to older adult clients in Social Recreational groups.

#### Community Care Durham Walk for Mental Health Awareness

Provide expertise in the implementation of this annual event.

### Volunteer Process Includes:

- Application Form • Three References • Police Vulnerable Sector Check • Drivers Abstract (if applicable)
- Orientation and Training

### Other Ways Your Corporation Can Help

#### Monetary Donation:

Make a contribution to support programs and services or events.

#### In-Kind Donations:

Gifts of product and/or services such as meeting space or prizes to support events and activities.



## Q & A for Corporate Volunteering

**Q:** How do we initiate a Corporate Volunteer Partnership?

**A:** Contact your local Community Care Durham (CCD) office ([www.communitycaredurham.on.ca](http://www.communitycaredurham.on.ca)) to schedule a meeting to discuss volunteering and available opportunities.



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**Q:** How do we develop a Corporate Team?

**A:** Your company designates a Team Lead, and the Team Lead identifies interested staff who are willing to get involved in volunteering with Community Care Durham.

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**Q:** What is the role of the Team Lead?

**A:** The Team Lead is the liaison with CCD staff, and assists with recruiting employees to the corporate volunteer team. With CCD support, the Team Lead facilitates applications, orientation and the training process, as well as coordinating and scheduling the volunteer team.

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**Q:** What support does Community Care Durham provide?

**A:** A CCD staff member will be designated as the Team Leader's contact. Based on a mutually agreed upon process, the CCD staff member will assist with the volunteer application, orientation and training, and will provide ongoing support.

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**Q:** What is the time commitment?

**A:** Volunteer opportunities can take as few as two hours a month, and can be ongoing, short-term and/or one-time projects. The majority of opportunities are Monday to Friday, from 8:30 a.m. to 4:30 p.m.

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**Q:** What training will Corporate Team Volunteers receive?

**A:** Each volunteer will receive orientation and training from CCD staff, and will receive a copy of the CCD Volunteer Handbook, which outlines policies and procedures. Specific 'hands-on' training will be scheduled at a mutually agreed upon time.

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